



National School Counseling Week 2019 is Feb 4-8, 2019. This week, sponsored by the American School Counselor Association (ASCA), highlights the unique contribution of school counselors within U.S. school systems and the tremendous impact they can have in helping student achieve school success.

Happy National School Counseling Week!



Mrs. Aimee Hurst  
School Counselor

#### Reasons to Visit the School Counselor:

- Friendship/Conflict Resolution
- Loss of a loved one
- Family changes or concerns
- School adjustment
- Outside referrals
- Academic skills
- Behavior support
- Self-esteem
- Stress/emotion management

How does a student see the school counselor?

Student may see the school counselor by self-referral, parent referral, administrative or staff referral, and referral from a peer.

#### School Counselors.....

- Work alongside teachers and parents to help students develop socially and emotionally, to help remove any barriers they have to learning.

#### School Counselors provide....

- Classroom lessons on various topics
- Small-group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Community resource referrals (including the Connect Program)
- School Wide Programming (Character Education Traits, Kindness Week, Career Day, Student Ambassadors, Red Ribbon Week, etc.)

#### Contact Me!

Please contact me with any questions or concerns. I want to partner with you in order to provide the best support for your student.

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- Phone: 208-878-6608