


Good Clean Fun

Healthy Habits	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p style="text-align: center;">Wash Hands Every morning and night, before eating, after going to the bathroom</p>							
 <p style="text-align: center;">Wash Face Every morning and night</p>							
 <p style="text-align: center;">Brush Teeth Every morning and night Floss Every night</p>							
 <p style="text-align: center;">Comb Hair Every morning</p>							
 <p style="text-align: center;">Bathe or Shower Daily</p>							
 <p style="text-align: center;">Trim Finger and Toe Nails At least weekly</p>							
 <p style="text-align: center;">Wash Hair At least every other day</p>							
 <p style="text-align: center;">Clean Socks and Underwear Everyday</p>							
 <p style="text-align: center;">Clean Clothes Everyday</p>							

"Keeping your body clean and making sure that your clothes are clean and presentable will help you feel better about yourself. All of this personal attention will hopefully become a habit that will help you feel good about who you are throughout your life." -Kyle Hodges